Rick Edwards and Emer Kenny, five-spice duck with stir fried cucumber & cashews

Nick Grimshaw: Our podcast might contain the occasional mild swear word or adult theme.

Hello and welcome to Dish from Waitrose, shock horror. It's me at Grimshaw and Angela Hartnett. Why did you do a sigh?

Angela Hartnett: Did I? Sorry.

Nick Grimshaw: At the start you went (sigh).

Angela Hartnett: Feel like I've been here a year.

Nick Grimshaw: Well, you have, it's nearly a year of Dish.

**Angela Hartnett:** What are you getting me for our anniversary?

**Nick Grimshaw:** I don't know, what's the first year? Cause I mean you get to like 60, you know you have like the diamonds.

**Angela Hartnett:** Gold, Silver. I think it's diamonds, the first one.

Nick Grimshaw: No, no, paper, diamonds for one year?

Angela Hartnett: I feel I need diamonds.

**Nick Grimshaw:** Did you think when we met last year that we'd still be doing it? Or did you think you'd do like six of them? Honestly?

Angela Hartnett: I honestly didn't quite know what I was getting into and I felt that after six, we had been doing it a year cause I feel like I did them for so long and they were never ending. And the crew just get bigger.

Nick Grimshaw: Yeah.

Angela Hartnett: There's like more people.

**Nick Grimshaw:** There's more people, we've got more people. Now, didn't you think as well, when we first met that you were coming on my podcast as a guest?

Angela Hartnett: Yes I did.

Nick Grimshaw: Yeah. That's what Ange thought.

Angela Hartnett: I hadn't quite read the email properly.

Nick Grimshaw: She didn't know she was hosting it. Do you think we should have a party?

**Angela Hartnett:** Yeah. They've been promising that for a year. I've heard the French House name dropped quite a few times.

Nick Grimshaw: Are they?

Angela Hartnett: Yeah.

Nick Grimshaw: Yeah, they're not taking us out to be fair.

**Angela Hartnett:** No Christmas party, no summer. It's been quite, you know.

Nick Grimshaw: Oh my god, yeah.

**Nick Grimshaw:** Do you know what, we do need a party. But, do you know what? There's nothing worse than when you are listening to like a radio show or like a TV show and they have a party and you can't hear it.

Angela Hartnett: Right.

Nick Grimshaw: So I feel like we have to like, somehow record our party.

**Angela Hartnett:** What? Do an episode as a party?

**Nick Grimshaw:** Yeah. Or maybe like just the next episode after our first birthday has got bits from the party.

Angela Hartnett: Yeah, could do that. Yeah.

Nick Grimshaw: I think we should try and invite, um, Spider-man.

Angela Hartnett: Spider-Man. Why?

Nick Grimshaw: Because he went to Waitrose.

Angela Hartnett: What you on about?

Nick Grimshaw: Spiderman.

**Angela Hartnett: When?** 

Nick Grimshaw: Like a few months ago, Spider-man went to Waitrose.

Angela Hartnett: Spider-Man is a cartoon, you know that. It's not like...

Nick Grimshaw: The guy that plays him, Tom Holland.

Angela Hartnett: Oh.

Nick Grimshaw: And Zendaya.

Angela Hartnett: Okay.

Nick Grimshaw: Both went to Waitrose.

**Angela Hartnett:** Right. How do you know that interesting fact?

Nick Grimshaw: It was in all the papers. Cause everyone was like, "Oh my god,

Spider-Man's gone to Waitrose."

Angela Hartnett: Oh right, okay.

Nick Grimshaw: You retweeted it!

Angela Hartnett: Did i?

Nick Grimshaw: I put it up and you reposted it.

Nick Grimshaw: I said, "Me and Angela getting ready for Dish."

**Angela Hartnett:** Was that Spider-man?

Nick Grimshaw: Yeah.

Angela Hartnett: God, I just thought that it was just a random couple at Waitrose. I didn't

know it was actual, like famous people.

**Angela Hartnett:** I literally thought you were at Waitrose and just took this random picture.

That's what I thought.

Nick Grimshaw: They're like the most famous movie stars in the world.

Angela Hartnett: Oh God, I better relook at that again. Oh God. My credentials are just getting worse and worse. Brilliant. It just shows my trust in you, that I retweet anything you put out.

Nick Grimshaw: I know, you just believe, you have faith, you have faith.

**Angela Hartnett:** Right

Nick Grimshaw: Right. Our guest today, you won't believe who we've got, Spider-Man.

Nick Grimshaw: No, today we've got Rick Edwards and Emer Kenny.

Angela Hartnett: Brilliant.

Nick Grimshaw: Who are a couple. They're both super talented in their own right and they

both do a lot.

Angela Hartnett: You worked with him, didn't you?

Nick Grimshaw: Yeah, worked with Rick.

Angela Hartnett: Yeah.

Nick Grimshaw: I did T4 with Rick.

Angela Hartnett: Nice.

Nick Grimshaw: You know what T4 is?

**Angela Hartnett:** Yes.

Nick Grimshaw: Do you?

Angela Hartnett: I didn't watch it necessarily.

Nick Grimshaw: Do you know what it is though?

Angela Hartnett I know. Yeah. It's a programme on Channel 4.

Nick Grimshaw: Yeah.

**Angela Hartnett:** Hence the four.

Nick Grimshaw: Yeah.

**Angela Hartnett:** That you presented.

Nick Grimshaw: Yeah.

Angela Hartnett: That Miquita presented.

Nick Grimshaw: Yes.

**Angela Hartnett:** Thank you very much. Done my research.

Nick Grimshaw: Yeah.

Angela Hartnett: Tick.

Nick Grimshaw: Yeah. We didn't do too much together, but sometimes we did.

Angela Hartnett: Didn't Simon Amstell do it as well?

Nick Grimshaw: Simon? He did Popworld.

Angela Hartnett: Oh, Popworld. Okay.

Nick Grimshaw: Which was on T4. It's quite confusing T4 really, wasn't it?

**Angela Hartnett:** There's lots going on you see.

Nick Grimshaw: They binned it off for Sunday Brunch.

**Angela Hartnett:** Did they?

Nick Grimshaw: Yeah. So guite a sad start to the show.

Angela Hartnett: That's brought it down, bit down that one Nick

Nick Grimshaw: But should we get 'em in?

Angela Hartnett: Yes, let's do it.

**Nick Grimshaw:** Please can we have a round of applause for Rick Edwards and Emer Kenny everybody.

**Emer Kenny:** Are we clapping ourselves?

Rick Edwards: Yeah, we're clapping ourselves.

Nick Grimshaw: Clap yourselves.

Rick Edwards: We've got to.

Angela Hartnett: We're clapping each other.

Rick Edwards: It's not the intimate setting I thought it was gonna be, actually, there's about 1500 people in here.

Nick Grimshaw: Can you believe?

Angela Hartnett: Thank you, thank you.

Rick Edwards: Who are all these people?

Nick Grimshaw: Well, Angela, she's always like, "Who are all these bloody people?"

**Rick Edwards:** Your Angela impression is really coming along. It's good. I closed my eyes and I'm like, which one is it?

Nick Grimshaw: It's uncanny! Anyway, how are you guys?

Emer Kenny: Yeah, we're good.

Rick Edwards: Pretty good, actually.

Nick Grimshaw: How's life?

Rick Edwards: It's all right. We've just had um.

Emer Kenny: A baby.

Rick Edwards: A baby, yeah.

Emer Kenny: He did pause

Rick Edwards: I knew the words, I knew the words. I know we've got a baby.

Nick Grimshaw: Yeah.

Angela Hartnett: You haven't slept yet, have you?

Rick Edwards: Not, I mean, not really, no.

Emer Kenny: Well, you have.

Rick Edwards: Yeah, yeah. I've done a little better than you but there's certain things I can't

provide him.

Nick Grimshaw: Yeah, fair.

Angela Hartnett: How old is the little one?

Rick Edwards: He's nine.

Emer Kenny: Nine weeks.

Rick Edwards: Nine weeks.

Nick Grimshaw: Nine.

**Emer Kenny:** It's sort of crazy that we're here, yeah.

Angela Hartnett: Yeah.

Emer Kenny: Yeah, but, um. Nice little break to come see you two.

Nick Grimshaw: Congratulations guys.

Emer Kenny: Thank you.

Nick Grimshaw: Real nice news. Real nice news. I mean, not the most ideal or maybe

actually ideal job to have Rick, with morning radio with a baby?

Rick Edwards: I don't know.

**Emer Kenny:** Rick keeps telling me it's like the best job to have because I keep being like,

"Where are you at four in the morning?"

Rick Edwards: Yeah.

Emer Kenny: And he's like, "At the BBC."

Rick Edwards: But then I get back quite early.

Angela Hartnett: It's when he's still there at four in the afternoon you know, "I'm still at work, it's a long show today."

Rick Edwards: "So many emails, so many emails."

**Nick Grimshaw:** "Research, news. Very broad is news, I'm here for 12 hours." Should we start by talking about food?

Angela Hartnett: Yeah, why not?

**Nick Grimshaw:** It makes sense, don't it? What's the routine at home? Do you have a set routine? Is someone the cook? Is someone the cleaner? Like what happens?

**Emer Kenny:** There's a very set routine.

Rick Edwards: Yes.

Emer Kenny: It's not that I'm not a good cook, I don't like cooking. I don't cook.

Rick Edwards: Neither, yeah.

Emer Kenny: Yeah, I am a good cook. What the hell? Is he making faces?

Rick Edwards: How do we know?

Angela Hartnett: Oh.

Emer Kenny: You know.

Rick Edwards: On the occasions you do cook it is very good, but it's quite a sort of.

Emer Kenny: It usually takes like six hours

Rick Edwards: It's like a real...

**Emer Kenny:** And it's like a show stopper.

Rick Edwards: Yeah.

**Emer Kenny:** And I get a lot of comments about it.

Rick Edwards: Yeah.

Emer Kenny: Um, he's like an everyday.

**Rick Edwards:** Yeah. I'm a workman. I keep it coming. I keep it going. I keep us all fed. And then every now and again you do something, you know, that's impressive. It's quite a sort of performance.

**Emer Kenny:** But, I'm really good at deciding what we should eat and then buying all the ingredients and then telling him to make it.

Nick Grimshaw: That's the worst bit to be fair. That's my worst bit.

**Emer Kenny:** I could read cookbooks, as like a novel. I love looking at them.

Nick Grimshaw: You just enjoy the drama.

Emer Kenny: Yeah.

Rick Edwards: You've got a lot of cookbooks for someone who doesn't cook. It's incredible.

Emer Kenny: I know.

Rick Edwards: I've got about three cookbooks. You've genuinely got about 50.

**Emer Kenny:** Yeah, because in my head, I'm a cook. And I'm like, I can make all these things and then I'll look through them, read them like a book, and then never actually make them.

Nick Grimshaw: Never. So what sort of stuff do you make, like day to day, what is your like.

Rick Edwards: So.

Nick Grimshaw: Your Rick standards?

**Rick Edwards:** You realise you get into a real routine. But we do a roast chicken most weeks.

Nick Grimshaw: Mm-hmm.

Rick Edwards: And then make a stock that we then don't use.

Emer Kenny: We do use it.

Rick Edwards: I mean it's like, it's honestly, it's incredible.

Angela Hartnett: Love it.

Rick Edwards: Like that routine of making a big pot of stock.

Angela Hartnett: Yeah.

Rick Edwards: Freezing it and then eventually just having to bin it.

Nick Grimshaw: Just bin it.

Rick Edwards: Then putting in the next one.

Nick Grimshaw: Yeah.

Rick Edwards: I mean again. And then very occasionally.

Emer Kenny: But then we started to try and find recipes that needed stock because we

were like.

Rick Edwards: Yeah.

**Emer Kenny:** We have to do this.

Rick Edwards: Gotta break this cycle.

Nick Grimshaw: Ange do you have any go-to, could use up my stock recipes?

Angela Hartnett: Risotto is a good one.

Emer Kenny: Ahh.

Angela Hartnett: That's a good one. Soups, do you make soups?

Rick Edwards: I do like soup.

Angela Hartnett: Vegetable soup would be good one with all that chicken stock. Well, not so

much vegetable.

Rick Edwards: I've been using, what's the little pasta that is like risotto?

Rick Edwards: Orzo.

Angela Hartnett: Orzo.

Nick Grimshaw: Orzo, yum.

Rick Edwards: I've been cooking a bit with that and that takes a lot of stock.

**Angela Hartnett:** That, yeah. That will take a lot of stock. Or just doing something like, you know, you do your chicken, but you can do a chicken just that's broken down with your orzo, peppers, chorizo in there, and you use your stock to cook it all together. That would be nice.

Rick Edwards: Am I putting that in one pan as well?

Angela Hartnett: Yeah, Put it on the table.

Nick Grimshaw: Yeah, love that.

Rick Edwards: Love that up.

Angela Hartnett: Emer, there you go.

Rick Edwards: It feels sophisticated somewhat even though it's the easiest thing you can

do.

Nick Grimshaw: Really does.

Rick Edwards: I've recently just been putting potatoes in the pan and they're just cooking the fat

Angela Hartnett That's best.

Rick Edwards: I've never done that before.

Angela Hartnett That's the best.

**Emer Kenny:** Every time he does it there's a smug look on his face. As he pulls the potatoes out, he's like they were in there with the chicken.

Nick Grimshaw: I love that.

**Nick Grimshaw:** Now on 5 Live, the other day there was the topic of couples going to restaurants and ordering the same thing.

Emer Kenny: Oh yeah

Angela Hartnett: Yeah,

Rick Edwards: Yeah

Emer Kenny: Yeah. We're really strict about this.

Rick Edwards: The Bidens went out and had exactly the same meal.

Nick Grimshaw: Oh.

Angela Hartnett: Right.

Rick Edwards: And everyone was like, you can't do that.

Angela Hartnett: Yeah.

Nick Grimshaw: Yes.

**Rick Edwards:** And in fairness, I think that we, we will sometimes do that, but we're more often do...

**Emer Kenny:** I think we were quite strictly, we always have to have something different.

Rick Edwards: Okay. So maybe I'm going to different meals. Yeah.

**Emer Kenny:** Yeah, but sometimes we'll both want like two different things and we'll swap halfway through.

Angela Hartnett: Yeah.

**Emer Kenny:** Does anyone else do that?

Nick Grimshaw: Oh yeah, I swap.

Angela Hartnett:Oh yeah,I do that.

Rick Edwards: But there's a bit of tension about whether I'm getting my 50%.

**Angela Hartnett:** Ohhh

Emer Kenny: That's because he's an only child...

**Angela Hartnett:** Yeah

Nick Grimshaw: Yeah

**Emer Kenny:** And he's weird about what's his, whereas I'm like 1 of 4 so I'm like give me whatever.

Rick Edwards: Also I eat quite quickly.

Nick Grimshaw: Do you and Neil do that?

**Angela Hartnett:** We had these friends that did that. We went out to dinner with them. Then halfway through they literally just swapped plates.

Emer Kenny: Yeah.

**Angela Hartnett:** And they do that all the time. So now, when we go out with them, the four of us literally, we just swap.

Emer Kenny: I love that.

Angela Hartnett: We literally just swap the plates. We just yeah.

Rick Edwards: Yeah, It's like musical plates.

Angela Hartnett: It is.

Rick Edwards: When the music stops, you eat.

Angela Hartnett: It's like you had yours and we're all, and it's brilliant actually. You know, so we do swap plates halfway and Neil's a bit like you. "You know, we are sharing this, you know." I always blame his sister, I think she stole his food when he was young. He honestly, he has got sharing issues as well.

Nick Grimshaw: Angela of course, dead good at cooking.

Angela Hartnett: Mm-hmm.

**Nick Grimshaw:** Um, we wondered if you needed any help from Angela. I believe there was a banana bread drama.

Rick Edwards: I mean, this was abhorrent actually.

Angela Hartnett: Abhorrent.

Rick Edwards: Yeah.

Angela Hartnett: Wow.

Rick Edwards: And I, I choose my words carefully.

Angela Hartnett: Yeah.

**Rick Edwards:** Emer decided she was gonna make some banana bread, I guess it was during lockdown.

**Emer Kenny:** I was using an American recipe and they said a stick of butter. And I was just like, "That must mean the whole packet of butter."

Angela Hartnett: Oh, yes.

Rick Edwards: Must have.

Nick Grimshaw: Yeah.

Rick Edwards: Could have asked.

Emer Kenny: What, asked you?

Rick Edwards: Yeah, just say, "What's a, what's a stick of butter?" And I'll say, "Well, not

that."

**Angela Hartnett:** That's a pack of butter.

Emer Kenny: Anyway, it was liquid. It was like, it was like in the shape of banana bread, but

so greasy.

Rick Edwards: Oozing.

Emer Kenny: Oozing.

Emer Kenny: I was like, "It's fine, eat it."

Nick Grimshaw: Through a straw...

Rick Edwards: And we did actually, we got through about half of it.

Emer Kenny: We tried our best.

**Rick Edwards:** Just sort of, yeah, you shouldn't have it dripping down your face when you're eating banana bread, ideally.

Angela Hartnett: It'll just squeeze it out and the butter's just coming out.

Rick Edwards: You could make a decent stock out of this.

**Emer Kenny:** So, yeah, I think we know what went wrong there.

Angela Hartnett: Yeah.

**Emer Kenny:** Um, I wanna know when you're cooking salmon, how to get it really crispy on the skin side, but cook it the whole way through. And I said this earlier and Rick was like, "I know how to do that. Why aren't you just asking me?"

Angela Hartnett: Tell us. Go on. How do you do it then Rick?

Rick Edwards: So I'm going... cold pan.

Angela Hartnett: Right yeah

Rick Edwards: Flesh side down.

Angela Hartnett: Yeah. Not skin side. Okay.

Rick Edwards: And then as a pan heats up, flip him over, and then five minutes on the skin side

**Angela Hartnett:** I would go, uh, a bit of oil in a pan, hot oil, and then I would go skin side. So get it really crispy and just keep it cooking most of the way on the skin.

Angela Hartnett: And then just literally turn it

Emer Kenny: At the end...

**Angela Hartnett:** Well that's it, there you go. Check that out. Send us a picture on that one after. See how I'll give it marks out of 10.

Nick Grimshaw: Angela, what's going on over there

Angela Hartnett: So we've got this five spice duck. So we've marinated in lots of different spices. It's sort of like a little salad-y. So it's not hot, hot, hot. And then we've got some pak choi, cashews, cucumber, little stir fry. And we've got some steamed rice with it as well. So we're gonna put the vegetables on top and then have that lovely little spice salad.

Nick Grimshaw: Yum.

**Angela Hartnett:** Do you like sort of Chinese flavours?

Rick Edwards: Yes, absolutely.

Angela Hartnett: You ever done that sort of cooking, Rick?

**Rick Edwards:** Not a great deal actually. I went to China and had quite a sort of chequered food experience. So when I was with my friends who could speak Mandarin, we ate some amazing food. And when I wasn't, it was a struggle actually. They have an interesting relationship with texture.

Angela Hartnett: Sometimes quite slimy.

Rick Edwards: Yeah, yeah, yeah, Yeah. So a lot of slimy chicken feet, all that sort of thing, which, uh, you know, it's hard work.

Nick Grimshaw: I've never had a duck, not in a restaurant.

**Emer Kenny:** Well, so it just feels like a fancy food cuz it's like sort of duck a l'orange. Feels like a kind of like a ...

**Angela Hartnett:** It's not an everyday thing. No, no. But you can do it. So yeah, cold pan, score the skin. So it renders down the fat and then you get really lovely crispy skin. And then just back on its base for another couple of minutes.

Nick Grimshaw: If you wanna try the recipe, you don't have to remember this, you don't have to be writing this down, walking around the park right now. You can go waitrose.com/dishrecipes and it's on there and it's Five Spice Duck with stir fried cucumber and cashews, and we've got a wine pairing with it as well. A Cave de Turckheim

Angela Hartnett: or Angela, which is Gertz-traminer

Rick Edwards: Right. I'll give it a go.

Nick Grimshaw: Come on Rick, you give it a go

Rick Edwards: Gewurztraminer, ja ich spreche nur ein bisschen Deutsch

Nick Grimshaw: Oh yeah, we have to talk about this. I never knew this, ever! Did you know this? Do you know this today? The most romantic way that you guys met on the bus?

Emer Kenny: Oh!

Rick Edwards: Well, so we, we didn't exactly meet on the bus, but we did get...

Nick Grimshaw: Okay forget it.

Rick Edwards: Yeah.

**Emer Kenny:** We were at a comedy show.

Rick Edwards: Yeah, our mutual friend was doing standup.

**Emer Kenny:** I sort of knew that he knew my friend and I was there setting my friend up with one of the comedians...

Nick Grimshaw: Uhhuh

**Emer Kenny:** And I was on my own. They were kind of, you know, and Rick walked in and I'd never met him before, but I have no idea why I did this. But I, um, just went like this.

Nick Grimshaw: Oh! Just a peace

Emer Kenny: A peace sign.

Angela Hartnett: A peace sign.

Rick Edwards: Let's put a ring on it!

**Emer Kenny:** And he just sort of walked across the room towards me and sat down next to me. He said, hello, who are you? And I was like, oh, oh, oh, yeah. Uh, you know, uh, blah, blah. The bus thing comes in, that, after that night, on the way home, my friend was off with the person I set them up with sort of kissing on the street corner...

Angela Hartnett: Yeah.

**Emer Kenny:** And we were left at the bus stop.

Angela Hartnett: Yeah.

Emer Kenny: Uh, Rick was reading his emails.

Rick Edwards: Yeah. Yeah.

Nick Grimshaw: Yeah.

Rick Edwards: Busy. I'm busy guy, lots of stuff to get through.

Nick Grimshaw: Even across the news back then.

Rick Edwards: Yeah, yeah, yeah.

Angela Hartnett: I can just see your friends there on the corner.

Emer Kenny: Yeah scrolling.

Angela Hartnett: And you're just there like hello, yeah, reading a sign or something.

Rick Edwards: Listen, I know how to charm a lady.

Emer Kenny: I remember thinking...

Angela Hartnett: It worked!

Rick Edwards: You gotta show them that you are important.

**Emer Kenny:** But I think you were actually playing it cool. Cause, I said to my friend afterwards, I was like, he either hates me...

Angela Hartnett: Yeah.

Emer Kenny: Or he really fancies me.

Angela Hartnett: Yeah.

**Emer Kenny:** And so when I got home, I saw my phone. Rick Edwards followed you on Twitter, I was like, okay, he was reading his emails, but it was, it was...

Nick Grimshaw: Obsessed with me.

Emer Kenny: Obsessed!

**Rick Edwards:** But then we were at a bowling party, I think. We were on the same bus home.

**Emer Kenny:** There's a lot of buses in our relationship.

Angela Hartnett: Yeah, I like that. I like it.

Rick Edwards: Yeah and we were sort of approaching my stop and I gave you, what I think it's a very romantic ultimatum, which was you can either get out and kiss me or stay on the bus.

Emer Kenny: And he said it like that.

Angela Hartnett: With the hand, like you can either kiss her, yeah

Rick Edwards: Yeah 'now listen', yeah.

Nick Grimshaw: You've got two options.

Emer Kenny: So I got off the bus and kissed him.

Rick Edwards: And then got on the next one.

**Emer Kenny:** Yeah, I got on the next one and I told my friend when I got home what you'd said, and he was like, oh, you are getting played...

Emer Kenny: And then six...

Rick Edwards: He's gonna have a baby with you in nine years!

**Emer Kenny:** No. And then we got engaged six weeks later.

**Nick Grimshaw: What!** 

Rick Edwards: Yeah.

Emer Kenny: At that bus stop.

Nick Grimshaw: No!

Emer Kenny: Yeah!

Rick Edwards: At that bus stop.

Nick Grimshaw: Oh, cute!

Emer Kenny: Yeah.

**Rick Edwards:** Yeah. It was weird when we were standing there waiting because you were like... why are we here? What are we doing?

Emer Kenny: Oh and a bus pulled up

Rick Edwards: And a bus pulled up and I was like, I'm gonna wait for them to go

Emer Kenny: And then he got down on one knee

Rick Edwards: Yeah.

Angela Hartnett: Aw! So you didn't know, total surprise.

Emer Kenny: No, I totally knew.

Nick Grimshaw: Did you?

Emer Kenny: Yeah.

Nick Grimshaw: You were just like, this is what he's doing.

Emer Kenny: Yeah, yeah, yeah.

Nick Grimshaw: Yeah.

Rick Edwards: Oh, we're at the bus stop, oh, here we go.

Emer Kenny: Six weeks!

Nick Grimshaw: The classic proposal, bit of a cliche.

Nick Grimshaw: Emer, let's talk about Karen Perry

Emer Kenny: Pirie.

Nick Grimshaw: Pirie. F\*\*\* h\*\*\*

Angela Hartnett: He's been practising all afternoon!

Rick Edwards: I think it went well

Nick Grimshaw: Worth the practice, wasn't it? I say Peri. Peri

Angela Hartnett: Emer, what is it?

Emer Kenny: Karen Pirie

Nick Grimshaw: Oh, thought you were saying that before the Nando's analogy? Tell me about Chicken Peri.

**Emer Kenny:** Um, so it's a crime drama that I wrote and I'm in, in a little part, that came out the end of last year and it's on ITV, half set in the nineties, half set, modern day about a young detective who gets put on a case that everyone thinks she can't solve. She's just put on it because she's a woman. The story's about a woman who's killed. And yeah, I think, you know, it's ..it's

Rick Edwards: Good.

Nick Grimshaw: It's very much like loved as well. And people do love like a, a drama and like you know, an investigator and a drama. But, um, why do you think Karen like cut through so much? Because people did, did really rave and and love the show, didn't they?

Emer Kenny: I think it was, it was on a Sunday night and

Nick Grimshaw: it wasn't just coz it was on a Sunday night.

**Emer Kenny:** No, but it kinda ticks those like, wanna watch a mystery, like get stuck into something. Nothing like, feels quite, you know, that the detective is probably going to solve the crime. It feels quite cozy. But at the same time, there were things that were different about her so that she's kind of really young and she's really underestimated, she's a woman in a man's world. I put quite a lot of myself into it cause I kind of felt like that. Um, and so I think it had the right balance of being kind of traditional in a crime story, but also like bringing something new to it. I think that kind of hit with people

**Angela Hartnett:** But people follow it. Cause then they want to follow it along to see if they're guessing where the story is going.

**Emer Kenny:** Exactly

Angela Hartnett: Following the characters. And I think cause it had the emotion of the characters together, didn't it? Yeah. That's what people like, I think they feel that when they, yeah, watch those things.

**Emer Kenny:** I think on TV you can see the same old faces all the time. And I think with Karen Pirie we, we were able to cast quite new actors you hadn't seen, I think, When you're watching Julia Roberts, you're just thinking, Julia Roberts is just doing Julia like, and when you, if someone new, you kind of really let go and go into the story.

**Emer Kenny:** So I love it when people cast unusual actors.

**Rick Edwards:** She did audition, though, didn't she, Julia. Yeah. Couldn't, couldn't do. Couldn't, couldn't do a Scottish accent.

**Nick Grimshaw:** Not believable as Karen. No, no. Not that. I do think that though, there are certain actresses and actors who I'm just like, it's him off of Graham Norton? Yeah. Like when I'm watching a film. They're too famous.

Rick Edwards: It's distracting.

Angela Hartnett: But you interviewed Julia Roberts, didn't you?

Rick Edwards: Well, there's a couple of... When we did T4, T4 was guite a strange job.

Nick Grimshaw: Listen, at the start of this, I said, so Angela, I said, do you know T4? She went, Yeaaaah. So yeah.

Rick Edwards: Well, effectively we just got to mess around with really famous people every weekend. And it was, it was amazing. And the maddest sort of work.. 'work' trip that I did was in Mexico. And they put a load of journalists up, uh, sorry, sorry, 'Journalists' and uh, at like a five star sort of resort hotel in Mexico for a week and then they sort of flew in stars for about three or four different films. And then, so you did a load of junkets.

Nick Grimshaw: Oh wow. Yeah.

Rick Edwards: And their thought was, the stars will quite enjoy it because they get to come with their families and it'll actually work out cheaper. I mean, God knows if it did, but this is when film companies had a lot of money. So you're sort of quite surreal where you are in the pool and you know, we got told off at one point for stealing a rubber ring off one of Angelina Jolie's kids. It's fine. Uh, you're sort of in the hot tub and you sort of look over and you go, that's Adam Sandler. It was really weird. And you weren't allowed to take any photos so that they're all kind of quite relaxed, but also, it just felt like you're on holiday. And so I totally lost sight of the fact that I was supposed to be working and I'm in the pool and suddenly a like quite an angry person who worked for the film company sort of came out and go, you're supposed to be interviewing Julia Roberts right now.

Rick Edwards: And I was like, eugghhhhh. And uh, and so I, I sort of race off and I realise I just don't. Uh, I don't really have a chance to dry off anything, so I whack a shirt on, so I've got wet shorts and that's sort of, and as I'm like jogging into the room, to see Julia Roberts, a lady is arriving with a fruit plate. I'm like, oh no, because the fruit plate's arriving before me. And normally you have to do maybe 30 seconds or a minute of small talk before the interview starts. The fruit plates arrives and I'm gonna have to do like five minutes there, while Julia Roberts eats a fruit plate. So I sit down, I'm soaking wet and uh, Julia Roberts is getting stuck into her fruit plate.

Rick Edwards: I sort of say hello...

Angela Hartnett: Did she comment at all?

Rick Edwards: Yeah. She's like, uh oh, wet shorts and I was like yeah, yeah, yeah. Just uh, yeah, I can't really explain that. Sorry. And then she goes, um, we've met before, haven't we? And I said, I don't know actually. Um, because, and in fairness, I think...

Angela Hartnett: As if you would forget...

Nick Grimshaw: No because

Rick Edwards: Well, no exactly

Angela Hartnett: Look at them both justifying .. because, because, because

**Rick Edwards:** No it is because, because Angela, you do you, you do so many that you slightly lose track. She sort of looks a bit, a bit quizzically and then a voice, her agent or PR, whatever, from the darkness, just. 'I'm sorry, are you saying you don't know if you've met Julia Roberts'?

Angela Hartnett: Thank you.

Rick Edwards: And I'm like, well, yeah. That is what I'm saying? Yeah. And then it was sort of ok. And we had a, a bit of a laugh, but the PR definitely didn't find it funny

**Emer Kenny:** Wasn't she like ...oh, we're all the same to you, aren't we?

Rick Edwards: Yeah, yeah. And then, and I was saying, yeah, absolutely. I just read the name off the top of the card...

Right. So Eva Mendes, how's the film? That's all. Um, and, and to this day, I still don't actually know if I had interviewed her before

**Nick Grimshaw:** Yeah, you don't know because you don't know if you've seen them cuz you're like, oh, we've met before. Or if it's Julia Roberts off of the telly. Those junket situations are so..

Rick Edwards: and you're in and out really quickly as well.

Nick Grimshaw: It's like three, four minutes.

Rick Edwards: Unless the fruit plate arrives and then you're in for a little while.

Nick Grimshaw: You're in for a little while

Rick Edwards: and it gets awkward.

**Angela Hartnett:** Just thinking of the chair that had that wet patch.

Rick Edwards: Yeah, they would've changed the chair afterwards. I'll tell you that for free.

Nick Grimshaw: Alison Hammond coming in next, 'what is going on here?'. No, but T4 was nuts cuz you did end up interviewing the most famous people in the world. Like didn't we do a thing with Mary J Blige once when we had to sing to her?

Rick Edwards: Yeah. And also...

Nick Grimshaw: She didn't like it.

**Rick Edwards:** The thing I really remember about that is, she arrived with massive sunglasses on in the studio and no one wanted to ask her to take them off. And we got asked to ask her and neither of us would.

Nick Grimshaw: No.

**Rick Edwards:** So we just did the whole interview with her in sunglasses and they were like 'get the sunglasses off', and I'm not f\*\*\* asking Mary J Blige to take the sunglasses off. She's Mary J Blige.

Nick Grimshaw: Yeah we were like 'Mary I love the sunglasses'.

Rick Edwards: Now we're gonna sing.

**Emer Kenny:** What did you have to sing for Mary J Blige?

Nick Grimshaw: We had to sing Livin' on a Prayer.

Rick Edwards: Did we? Oh my God.

Nick Grimshaw: And we wanted her to join in.

Angela Hartnett: She didn't.

Nick Grimshaw: And she was like, I've never heard this song. I was like...

Angela Hartnett: Oh no!

**Nick Grimshaw:** Or words similar. Like she was like, I don't know that song. And we were like, you do,

Rick Edwards: You do! You do! You do!

Nick Grimshaw: Woah we're half way therrrre, and she was like, no I don't...

Rick Edwards: There's so much of that kind of thing.

**Emer Kenny:** When I first met Rick, I was like, kind of knew who he was but I kind of wanted to be reminded. So I went on Google and like, looked him up and the first thing that came up was a YouTube video of him interviewing Benicio del Toro and Emily Blunt, dressed as a Werewolf.

At the beginning of the interview, he had to jump out from the back of the sofa, and be like, 'Raaaar!'

**Rick Edwards:** And honestly, Emily Blunt found it quite a funny, but Benicio Del Toro did not know what the f\*\*\* was going on.

**Emer Kenny:** And like the way that you stuck with it through the whole interview dressed as a werewolf.

Rick Edwards: How am I getting out? I'm dressed as a werewolf in the interview.

Nick Grimshaw: When the prosthetics are on, they're on.

**Rick Edwards:** Yeah. And then you're just sort of sat there reading your questions off your card. Yeah. Horrible stuff.

Nick Grimshaw: I remember with Emily Blunt as well, we asked if we could call her Blunty.

Rick Edwards: Yes! Yes!

**Nick Grimshaw:** And she said and she said no.'Blunty' And then we were like, 'Blunty' and she was like, 'don't call me that' and then we did.

Rick Edwards: Sometimes they don't know what they want.

Nick Grimshaw: We were like 'ehh, see you later Blunty!'

Nick Grimshaw: But us about Mariah Carey, cause didn't you have a few Mariah Carey interactions?

Emer Kenny: You were her, you were her favourite British TV presenter for a while.

Nick Grimshaw: Aww cute

Rick Edwards: Very weirdly.... So I did this one thing where I spent 48 hours with her in New York, sort of just shadowing her life, which is obviously completely mad and very sort of illuminating in lots of ways. She'd been told when she was really young that she had a better side. It really stuck with her cause she was so young and it meant that, she could only do interviews with the camera this way. And at one point we got into the back of her limo and so we got the sort of camera down here and she accidentally, or just not thinking, sort of got on the wrong side. So we did the entire interview. This is the window. She sat here, I'm there and she is, uh, looking out the window and answering the questions. Every now and again, she'd sort of, cause she's a normal person, she'd sort of come around to say something and her head would just snap back round. It was absolutely barmy!

Angela Hartnett: That is bonkers!

Rick Edwards: It was barmy! And without explanation, on TV, you are gonna look insane!

Nick Grimshaw: Just really enjoying the view.

Nick Grimshaw: I wanna talk to you about The Curse as well.

**Emer Kenny:** Oh yeah. The Curse is set in the 1980s in East London.

Angela Hartnett: Right.

**Emer Kenny:** And my character runs a cafe, very working class, and she would've been about the same age as some of Rick's family in, they were from Tottenham, so not quite East London. But their voices I think, I, I thought might have, cuz it's like through time that accent changes and different, like things come in, but like 1980s cockney.

Angela Hartnett: Yeah.

**Emer Kenny:** Is what I needed to hit.

Nick Grimshaw: Oh right.

Angela Hartnett: Yeah.

Emer Kenny: And um, so I would be voicenoting Rick to be like, 'how would your, um, your

auntie say reward?'

Nick Grimshaw: Yeah.

**Angela Hartnett:** (laughs)

**Emer Kenny:** Reward!

All: Reward!

**Emer Kenny:** Yeah. And I'd say it a bunch of times. And then Rick would be like, yeah, that one. And I'd be like, okay. Yeah yeah I'm in. Yeah, yeah, yeah.

**Nick Grimshaw:** So the second series of The Curse, you can see right now on Channel 4, right?

Emer Kenny: All 4.

Nick Grimshaw: All 4.

**Emer Kenny:** So the first series is set in the East End.

Nick Grimshaw: Mm-hmm.

**Emer Kenny:** And, um, not a spoil. Well, it is a massive spoiler. If you haven't watched the first one.

Nick Grimshaw: Thank you.

**Emer Kenny:** But we, um, We do a big robbery.

Nick Grimshaw: Yes.

**Emer Kenny:** And then the second series, we're on the run in the south of Spain. The first series is very gritty, like East End cafes and stuff. Second series we shot in Gran Canaria and it's like 80s palm trees. Like I'm dressed like Joan Collins. It's just got that...

Angela Hartnett: Brilliant.

Emer Kenny: Like full...

Rick Edwards: It's so cool.

**Emer Kenny:** Good saturated colour and like great 80s music and yeah. It's like Auntie Joyce on tour in the Costa Del Crime.

Rick Edwards: Auntie Joyce has learnt a few Spanish phrases as well.

Emer Kenny: Oh yeah, she, yeah.

Rick Edwards: Yeah.

Nick Grimshaw: In the accent.

Rick Edwards: Yeah, yeah yeah.

**Emer Kenny:** Yes. My characters really pretentious about her Spanish accents, yeah, she's

like 'patatas brrrrravas'!

Nick Grimshaw: I love those people on holiday. I love those people. Love those. Now, Rick.

Talk to me about how it is, you know, doing the many things that you do.

Rick Edwards: Mm-hmm.

Nick Grimshaw: Having a baby and doing a breakfast show.

Rick Edwards: Yeah.

Nick Grimshaw: What's the sleeping arrangement? What time's the alarm? What's your

brekkie?

Rick Edwards: So the alarm is 3.45

Nick Grimshaw: That is rude.

Angela Hartnett: Oh that is brutal

Nick Grimshaw: That is rude.

Rick Edwards: It's not even, that's not even morning in my eyes to be honest, it's sort of the

middle of the night.

Nick Grimshaw: You'd have to go to bed. Like what time, early? You do an early night? Or

not really?

Rick Edwards: I mean, in theory I'm trying to get to bed at like 8, but realistically it's more

like 9, 9.30.

Angela Hartnett: Mm-hmm.

Rick Edwards: But some...

Nick Grimshaw: Which is still early. And then in the summer it's like still hot.

Emer Kenny: Oh yeah. Yeah.

Nick Grimshaw: You're like night then.

Rick Edwards: Thanks for bringing it up, it's fairly depressing.

Nick Grimshaw: Coz I used to get up at, when i did breakfast, 5, which is like fine.

**Angela Hartnett: Civilised** 

Emer Kenny: A lie in

Rick Edwards: Were you starting at 6 or 7?

Nick Grimshaw: 6.30

Rick Edwards: That half an hour

Nick Grimshaw: That half an hour, get out by 5.30, in for 6

Emer Kenny: He has to read all the news, read all of the headlines

Rick Edwards: Not just the headlines

Nick Grimshaw: Not just the headlines, thank you!

Nick Grimshaw: For me, it played havoc with when you have your tea and stuff.

Emer Kenny: Oh yeah.

Nick Grimshaw: So you kind of like, you can't, like going out for dinner doesn't really

happen, does it?

Rick Edwards: No.

**Emer Kenny:** So he does a work call to get across the news about 6:00 PM.

Angela Hartnett: mm-hmm.

**Emer Kenny:** And then there's a really tight window between 6.30 and when he goes to bed.

Angela Hartnett: Supper time.

**Rick Edwards:** Sometimes I, I'm multitasking, I'm doing, it's on a Zoom and I'll have the camera off and I'll be cooking right as the call is going on.

**Emer Kenny:** And then you have the baby in a bouncer.

Rick Edwards: And a baby in a bouncer.

Nick Grimshaw: Wow.

Angela Hartnett: Oh my God, you really are.

Emer Kenny: And I'm just upstairs face mask, you know.

Angela Hartnett: But what do you prefer, doing the radio, coz you did TV for a long time..

Rick Edwards: Yeah, yeah, yeah, I mean the radio is really fun ...it's sort of, imagine you'd think this as well, like generally, TV is quite scripted, quite rehearsed and you have to sort of, block things through with cameras and blah blah blah, emm, and on radio you can just say whatever really. I mean within reason, on the old BBC...they have had some issues I understand.. I'll tell you which politician I don't like... hahaha

**Nick Grimshaw:** Now before you guys go. We have a question in here, which was written by the production team.

Rick Edwards: Uh-huh.

Nick Grimshaw: Angela and I have not seen it.

Angela Hartnett: No.

Nick Grimshaw: To get yourselves a Waitrose goodie bag, all you need to do is answer the

question

**Emer Kenny: Ok** 

Nick Grimshaw: Open, you don't have to answer it, you can just read it, and if you don't like

it,

Angela Hartnett: Then you don't get the goodie bag

Nick Grimshaw: Yeah.

**Emer Kenny:** Emer, Rick has been taken off air for reasons we won't go into. Would you write and cast him in one of your projects just to get him out of the house? Do you think he could act? Would he be a better villain or hero?

Nick Grimshaw: Mm-hmm.

**Emer Kenny:** I know if he can act or not. He cannot act.

Rick Edwards: You could have sugar-coated it.

Nick Grimshaw: Bit of a tease, maybe. Can't act.

Rick Edwards: I've actually, I've acted in.

Emer Kenny: Chalet Girl.

Rick Edwards: Yes. I was in Chalet Girl.

Angela Hartnett: Yeah.

Rick Edwards: With Miguita.

Angela Hartnett: Yeah.

Rick Edwards: Um.

Nick Grimshaw: Chalet Girl, what did you play again?

Emer Kenny: Himself.

Rick Edwards: Myself. I played, I played, I've played versions of myself in about five things, and actually I'm not bad at it.

**Emer Kenny:** He'd have to be playing himself. Yeah, one, cause he's done auditions. Do you remember you auditioned to play, um, a jailer, in like that show aliens that Jay was directing?

Nick Grimshaw: Thought you said JLo at first.

Rick Edwards: It is a stretch

Nick Grimshaw: JLo.

**Emer Kenny:** He's playing like a strict like prison guard. And I remember doing the audition with you and you were so...

Rick Edwards: Good.

**Emer Kenny:** You couldn't do it, not as yourself. Like everything had to be in your voice.

Rick Edwards: I don't have many skills, one of my skills is being myself.

Emer Kenny: Thank God for that!

Rick Edwards: And that's what I do! And that's what I do!

Nick Grimshaw: Better than some actors! Am I right? Um, guys, thank you so much for

coming round.

**Angela Hartnett: Brilliant!** 

Nick Grimshaw: Rick Edwards and Emer Kenny everybody! Clap yourselves again.

Nick Grimshaw: Coming up next week, we have the legend that is Prue Leith

(Clip of Prue Leith)

Nick Grimshaw: If you would like to recreate today's dish for your friends or family, or maybe a stranger in the street, head to <u>waitrose.com/dish recipes</u>. That is where you'll find all the meals we've ever made on the podcast.

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